

THE BIRTHING KIT



GLOVES

for clean hands and helps prevent the spread of HIV and other infections between care-giver and recipient

PLASTIC SHEET

to prevent the mother and newborn coming into contact with the ground or an unhygienic surface

SOAP

to wash the birth attendant's hands and the mother's perineum

CORD TIES

to tie the umbilical cord

GAUZE

to wipe clear the newborn baby's eyes, and to clean the mother's perineum prior to giving birth

STERILE BLADE

to cut the umbilical cord cleanly and reduce risk of newborn sepsis and tetanus



Birthing Kits are an internationally accepted intervention to support a clean birth. Each item in the BKFA Birthing Kit works to reduce infections at key high-risk moments of care during labour, birth and immediately post-birth for the mother, newborn and birth attendant. For more information visit www.bkfa.org.au



**Birthing Kit
Foundation**
Australia