

# THE BIRTHING KIT



## GLOVES

for clean hands and helps prevent the spread of HIV and other infections between care-giver and recipient

## PLASTIC SHEET

to prevent the mother and newborn coming into contact with the ground or an unhygienic surface

## SOAP

to wash the birth attendant's hands and the mother's perineum

## CORD TIES

to tie the umbilical cord

## GAUZE

to wipe clear the newborn baby's eyes, and to clean the mother's perineum prior to giving birth

## STERILE BLADE

to cut the umbilical cord cleanly and reduce risk of newborn sepsis and tetanus



Birthing Kits are an internationally accepted intervention to support a clean birth. Each item in the BKFA Birthing Kit works to reduce infections at key high-risk moments of care during labour, birth and immediately post-birth for the mother, newborn and birth attendant. For more information visit [www.bkfa.org.au](http://www.bkfa.org.au)